

Penobscot Nationals Review and Results

By Jennie Goldberg

Congratulations to our 2016 Wildwater National Champions!

K-1 – Andrew McEwan

K1W – Jennie Goldberg

C-1 -- Ben Peoples

C1W – Hannah Rubin

C2 – Ben Peoples/Hunter Keeley

C2W - Harriet Rollins/Hannah Rubin

Age Group National Champions:

K-1 U23 – Will Coggan

K-1 Jr – Nathan Foster

K1W Jr – Joslin Coggan

K1W U23 – Harriet Rollins

The 2016 US Wildwater Nationals were held July 6-10, 2016 on the Penobscot River, Maine's largest river, and conveniently located 15 minutes from the Bangor airport, in Old Town, Maine. Nationals were held in conjunction with the 2016 Penobscot River Nationals Whitewater Regatta hosted by the Penobscot Nation which included ACA Open Boat and SUP Nationals. Over 150 athletes ranging in age from 10 to 78 participated in 4 days of competition. This made for a wonderful and exciting big event including an opening ceremony with a parade of paddler the Regatta.



2016 K-1W National Champion
Jennie Goldberg



Team Colorado at the opening
ceremonies



**2016 K-1M National Champion
Andrew McEwan**

The racecourses were held on a stretch of the Penobscot River that was recently restored to free-flowing condition by the removal of two dams, opening up recreational opportunities. Some logging-era debris still remains in the rapids serving as a reminder of the Penobscot River's industrial past. There were three class II-III- rapids – Great Works, Basin Mill and Veazie rapids. The sprint course was held on Great Works. The classic course ended with Great Works and

was about 12 minutes long. The ACA course was 9 miles. Unfortunately, Maine was experiencing a long dry spell, so the river level was at or below average levels but there was still plenty of water in the river for wildwater racing. And the water was very warm! A little rain did bring up the flow for a few days. There were many lines to choose from on this wide river, and one could see that even more water would make for more exciting whitewater. There were many advantages of holding both the ACA and the USACK races at the same venue at the same time, including: providing the option for participants to race 4 days, a plus for those who travelled a long way, an opportunity to race in several types of whitewater craft, especially good for juniors, and a fun experience to mingle with a large and diverse group of whitewater racing enthusiasts.

In addition, this event was a boon to our developing paddlers thanks to local Maine paddler and coach, Jeff Owen, who organized a 3-day Jr/U23 wildwater training camp that preceded the race. Will Coggan, assisted by Jennie Goldberg, coached eleven paddlers. Thank you Team Colorado for coming to Maine to race at Nationals! All the young athletes at the camp made great strides in just a few days and were an inspiration to watch. With more well-run, fun races like this one, expect to see a fresh, new crop of wildwater paddlers in the near future!



**2016 K-1W U23 National Champion
Harriet Rollins**

Local TV and radio news coverage can be found at:

<http://wabi.tv/2016/07/08/penobscot-river-whitewater-nationals-regatta-day-2-sees-higher-water-happy-paddlers/>

Classic results: [www.usawildwater.com/2016_Nationals/2016 Official Results - WW Classic](http://www.usawildwater.com/2016_Nationals/2016%20Official%20Results%20-%20WW%20Classic)

Sprint results: [www.usawildwater.com/2016_Nationals/2016 Official Results - WW Sprint](http://www.usawildwater.com/2016_Nationals/2016%20Official%20Results%20-%20WW%20Sprint)

Combined Results: [www.usawildwater.com/2016_Nationals/2016 Official Results - WW Combined](http://www.usawildwater.com/2016_Nationals/2016%20Official%20Results%20-%20WW%20Combined)

The 2016 Junior Wildwater Team – (although there are no Junior world events this year, this team is recognized and individuals are honorary members of the 2016 Junior Wildwater Team)

C1 Women			
	Hannah Rubin	Eastern Trials	
	Joslin Coggan	Eastern Trials	
C1 Men			
	Peter Coggan	Western Trials	
	Ben Peeples	Eastern Trials	
	Kellen Doyle	Eastern Trials	
K1 Women			
	Joslin Coggan	Eastern Trials	
K1 Men			
	Nate Foster	Western Trials	
	Henry Hyde	Western Trials	
	Hunter Keeley	Eastern Trials	
	Kell Fremouw	Eastern Trials	
	Ben Deitch	Western Trials Alternate	
	Cole May	Eastern Trials Alternate	
C2 Men			
	Ben Peeples	Jimmy Bohn	Western Trials
	Ben Peeples	Hunter Keeley	Eastern Trials

